

THE VOICE OF ST. PAUL'S HOSPITAL FOUNDATION

Spirit

FROM BIRTH TO DEATH

LESLIE AND IRENE DUBÉ
SUPPORT THE HEALTH CARE JOURNEY

THE HOSPICE AT GLENGARDA SOD TURNING CEREMONY

SASKATCHEWAN'S FIRST FREE-STANDING HOSPICE IS NOW UNDER CONSTRUCTION

FAMILY AT THE CORE

JOE REMAI LEARNED HIS WORK ETHIC ON THE FARM

SISTERS' RESIDENCE BECOMES SASKATCHEWAN'S FIRST HOSPICE

SISTER ANNE REMINISCES ABOUT GLENGARDA HOME





Message From SPH Foundation

I have been a part of St. Paul's Hospital Foundation's team for more than seven years. During this time, our community has helped us to dream and to realize important change for our Hospital and our city. The change that we collectively work to realize has always been rooted in supporting our Hospital's mission to provide a community of health, hope and compassion for all.

As the new CEO of St. Paul's Hospital Foundation, I am truly honoured to share the perspective, inspiration and intention of our many donors and their continued commitment to the manifestation of that mission. This issue of the SPH Foundation Spirit newsletter is rife with stories about some of Saskatchewan's most generous people. One of our featured donors describes Saskatchewan as "the heartland of

the country" – and we believe that's true!

Maybe this identity is rooted in the experiences of our founding residents, who eked out a hardscrabble existence from a sometimes-unforgiving soil that created a desire to give selflessly. Maybe the infamously long and cold Saskatchewan winter nights inspired a contrasting warmth in the hearts of the people who call this province home. Regardless of motivation, St. Paul's Hospital and the Foundation have been the grateful beneficiaries of the care and concern of the people of Saskatchewan.

Sometimes the names of our donors are emblazoned on our walls. Other donors request a more behind-the-scenes role. Whatever their preference, here at the Foundation we sing

their praises every day and our Spirit newsletter attempts to pay homage to the stories of some of these remarkable people. This issue we talk to Joe Remai, Celine Schlosser, Janet and Art Postle, Don and Janet Neufeld, Sister Anne of the Ursulines, Gordon and Jill Rawlinson, and Leslie and Irene Dubé.

Our cover story will tell you about the sod-turning ceremony for the Hospice at Glengarda, now under construction. Saskatchewan's first free-standing hospice is on its way to becoming a reality.

St. Paul's Hospital plays a vital role in our community and it does so in large part because of the generosity and passion of the proud people of this province. We thank you from the bottom of our hearts.

Lecina Hicke,
St. Paul's Hospital Foundation CEO

SPH Foundation Volunteer Board of Directors 2019 – 2020

Standing centre (l-r) Dr. Bruce Berscheid, St. Paul's Hospital Local Council; Neil Weber, SPH Foundation Board Chair; Back row (l-r) Nicholle Povhe, Treasurer; Lecina Hicke, SPH Foundation CEO; Ron Hyggen; Shari Watson, Secretary; Arlene Jorgenson; Chris Boychuk, Past Chair; Steeg Holmes; Seated (l-r) Gwen Dueck; John Agjoritis; Dr. Vivian Walker, Vice Chair; Kevin Sharfe; Doreen Howlett; Karen Barber, St. Paul's Hospital Executive Director.



Spirit

Hospice at Glengarda Sod-turning event on May 28th, 2019

(l-r) Karen Barber, SPH Executive Director; Sharon Garratt, Vice President Saskatchewan Health Authority; David Patola, Board Chair Emmanuel Health; Irene Dubé; Leslie Dubé; Bishop Mark Hagemoen; David Buckingham, MLA; Neil Weber, Board Chair SPH Foundation.



Feature

HOSPICE AT GLENGARDA

SOD-TURNING EVENT ON MAY 28TH, 2019

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The Spirit

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HOSPICE AT GLENGARDA SOD-TURNING CEREMONY

(l-r): Karen Barber, SPH Executive Director; Sharon Garratt, Vice President Saskatchewan Health Authority; David Patola, Board Chair Emmanuel Health; Irene Dubé; Leslie Dubé; Bishop Mark Hagemoen; David Buckingham, MLA; Neil Weber, Board Chair SPH Foundation



Excitement was high on May 28th at the much-anticipated sod-turning for the Hospice at Glengarda. Saskatchewan's first free-standing hospice is now under construction in Saskatoon.

St. Paul's Hospital, in partnership with the Saskatchewan Health Authority, is developing the new 15-bed hospice for patients and their families facing end-of-life. The hospice will be a Catholic health facility governed by Emmanuel Health, operated in partnership with the Saskatchewan Health Authority and supported by the government of Saskatchewan.

"Breaking ground for this hospice is the culmination of many years of research, consultation and planning and the result of the commitment and dedication of so many people over the years," says David Patola, Board Chair of Emmanuel Health.

"St. Paul's Hospital has long been a leader in palliative care and we are delighted to take this important work one step further," he adds.

Moving testimony at the event came from patient advisor Delores Wolfe. She explained that as much as she, personally, would like to die at home, she does not have the support or resources to do so. She complimented our current health care institutions for the commendable work they do in dealing with end-of-life, but said she would prefer to die in a more homelike setting.

Gesturing to the hospice behind her, she said "Here, a dying person—which will one day be me—can find a second home. Here, my pain and other physical symptoms will be managed by a physician and staff who are trained and experienced in caring for the dying. Here will be familiar, homelike sounds, sights and smells – cookies baking in the oven, the sound of a child's voice, the comfort of a pet's visit, the opportunity to gaze at a fire in the fireplace and the relaxation of soaking in a tub."

Because St. Paul's Hospital's vision is to care for the whole person, the hospice will also support the spiritual and psychological needs of patients' families and friends. The Hospice at Glengarda will deliver extensive holistic end-of-life care that will help to meet individual needs with caring, compassion and understanding.

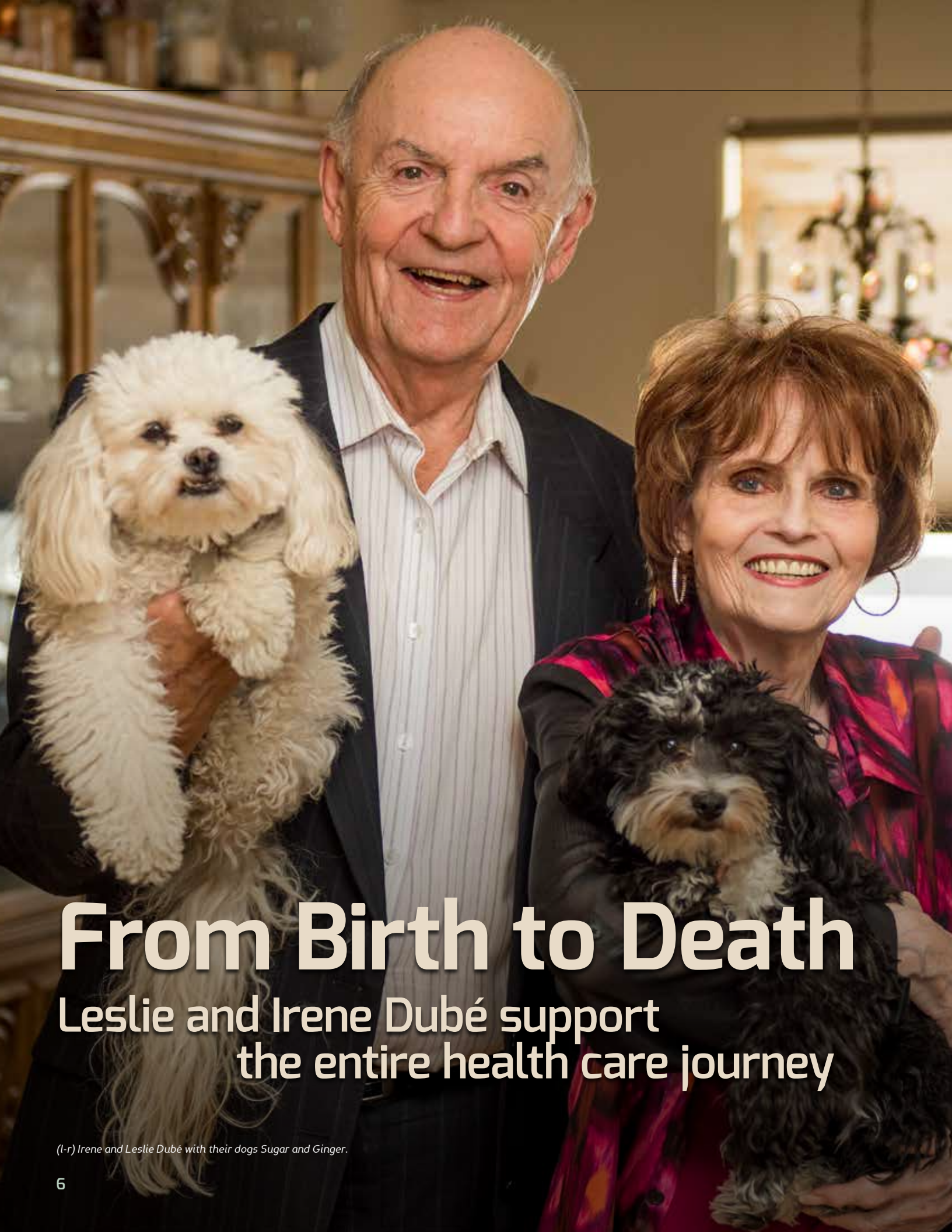
To date, we have raised 90 percent of our goal for the Close to Home Campaign. We look to you, our community to help us reach our \$20 Million goal. In addition to the hospice, funds raised will support endowments that will fund holistic elements of care such as spiritual and bereavement care as well as art therapy. They will also support renovations to the current Palliative Care Unit at St. Paul's Hospital and enhance education and training for end-of-life care providers.

Close to Home
Campaign for Hospice & End-of-life Care

Give Generously.

www.close-to-home.fund

306.655.5821



From Birth to Death

Leslie and Irene Dubé support
the entire health care journey

(l-r) Irene and Leslie Dubé with their dogs Sugar and Ginger.

Leslie and Irene Dubé have changed the face of health care in Saskatoon. Their goal has been to support the health system from birth to death, and they've donated to causes covering all types of medicine that people may need to access during their lifetime. "The need is the greatest in health care," Irene says.

"Everybody gets sick and they have to have proper care – and we should be able to get that care here within our own province."

You'll see the Dubés' name on many health initiatives throughout the city, including the Leslie and Irene Dubé Urology Centre for Health at St. Paul's Hospital. The Urology Centre is crucial to St. Paul's Hospital and how it functions in connection with renal health, transplants, dialysis, bloodwork and more.

These dedicated and caring philanthropists are committed to bringing innovative technology and services to St. Paul's Hospital. In total the Dubés have donated more than \$8 million to our Foundation, helping support purchases such as the first lithotripter (equipment that breaks-up kidney stones) in Saskatchewan, \$1 million to the MRI suite and \$1 million for Urology support.

Now, the Dubés are supporting end-of-life care through a \$2-million donation to the Close to Home Campaign: \$1 million for capital construction and \$1 million for the Leslie and Irene Dubé Holistic Care Endowment. The endowment will support spiritual care, bereavement care and art therapy in the Hospice at Glengarda.

Envisioning a better death

The Dubés are fulfilling a vision they first realized decades ago when Leslie was Chair of the St. Paul's Hospital Board of Directors and construction of the Hospital's B-Wing was underway. Even then the couple was promoting the idea of building a

*"Our heart always
has been with
St. Paul's"*

hospice. They had purchased a property owned by the Grey Nuns and donated it to the Hospital in the hopes that it could become a hospice. That property eventually became Sanctum, which provides care including end-of-life care for people living with and affected by HIV/AIDS.

Leslie is pleased to now support the Hospice at Glengarda because he wants people who are at the end of their lives to be at peace, explaining that "There will be somebody there to gently take care of them; someone with them when they die."

"Death should be something that's quiet and gentle and peaceful. You come into the world and it is not quiet and peaceful," Irene says with a smile, "but you should leave it that way."

One very direct and real way she's delivering comfort to patients and families is by knitting 30 afghan blankets for the hospice. The touch of softness can change any setting into one that feels more like home because



Irene and Leslie Dubé at the Hospice at Glengarda Sod Turning event

“You can cuddle up” says Leslie. Over the years Irene has made hundreds of blankets for many different organizations, including the Palliative Care Unit at St. Paul’s Hospital, and a prayer is knit into every afghan she makes.

The importance of Catholic health care

In Saskatoon, the Dubés live in an unassuming home on an unassuming street. Guests are greeted by two curious and friendly Maltese poodles – Ginger and Sugar.

On their mantelpiece sits a very special photograph, taken in 1990 when they were in Rome for the canonization of St. Marguerite d’Youville, the patron saint of St. Paul’s Hospital. At that ceremony at St. Peter’s Basilica, the Grey Nuns chose the Dubés to be included in the

select group of people to receive communion from the Pope. “It was a marvellous thing,” Leslie says. “You never forget that.”

Leslie and Irene are devout Catholics who have been supporting St. Paul’s Hospital for many years. “Our heart always has been with St. Paul’s,” Leslie says. “First of all because it is a Catholic hospital, but secondly the fact that I participated for 16 years on the Hospital Board of Directors, and it was a wonderful experience working with the Grey Nuns.”

The Dubés deeply appreciate that St. Paul’s Hospital offers spiritual care and values treating the mind, body and soul. “Prayer is one of the most powerful tools that you can possibly use,” Irene says. “I’m a living example that prayer

works.” She herself has survived 10 surgeries, none of them simple or straightforward. “Every time I had surgery, they said, ‘She might not come out of this one.’ And so Les prayed. And the power of prayer is why I’m here.”

Their journey through health care has led them to touch the lives of countless people along the way, in all walks of life. “God gave us good health and the opportunity to be successful,” Leslie says. “We didn’t do this ourselves. When I pray, I pray for all those people who helped us. It’s all God’s money that we’re giving away and we are the custodians.”

“We’re trying to be good stewards,” Irene concludes. “We’d like to leave the world a little better than when we came in.”

UpcomingEvents

• •
SEPT
30

**The Gormley Gathering
presented by Orano**
Persephone Theatre from 5:30–7:30 pm
Tickets \$150 at sphfoundation.org
or call 306.655.5821

• •
OCT
3

SPH Long Service Awards
Western Development Museum at 5:00 pm
(for eligible recipients)

• •
OCT
15

**Mission in Action
and Charism Awards**
SPH Cafeteria at noon

• •
OCT
16

**SPH Foundation Professional
Development Awards and Feast Day**
SPH Cafeteria at noon

• •
OCT
17

**Schwartz Rounds
(supported by SPH Foundation)**
Pylypchuk Hall (St. Paul's Auditorium) from 12:00 to
1:00 pm

• •
OCT
18

**Mission Acts of Kindness:
Pay it Forward**
All day at St. Paul's Hospital

• •
NOV
2

Urology Symposium.
7:30 to 12:00 noon
Delta Saskatoon Downtown (formerly the Radisson)
Free admission

• •
NOV
16

**30th Anniversary Mistletoe Charity Ball
presented by Nutrien**
Sheraton Cavalier at 6:30 pm Tickets \$500 at
sphfoundation.org or call 306.655.5821

For more information on upcoming events
visit sphfoundation.org

SPH Foundation Announces Lecina Hicke as New CEO

St. Paul's Hospital Foundation's Board of Directors is pleased to announce the appointment of Lecina Hicke as CEO of St. Paul's Hospital Foundation, effective August 15, 2019.

"We are fortunate to have someone of Lecina Hicke's calibre to step up to lead the Foundation. She has a deep passion for the work of SPH Foundation, St. Paul's Hospital and Emmanuel Health. Lecina has strong leadership skills and a thorough understanding of our Foundation. During the course of her seven years with the Foundation, Lecina has developed strong relationships with donors and stakeholders, and our Close to Home Campaign for Hospice and End-of-Life Care has flourished under her guidance. Lecina has a vision for growth and she sees tremendous opportunity for the Foundation. We look forward to working with her for the continued success of our organization," said Neil Weber, SPH Foundation Board Chair.

Lecina Hicke will remain the Close to Home Campaign Director until its completion. She is replacing outgoing CEO Bruce Acton, who is retiring at the end of August. We thank him for his service over the past nine years, and wish him all the best as he enters a new chapter in life.



A portrait of a woman with short, curly brown hair, smiling warmly. She is wearing a red turtleneck sweater and a patterned scarf with large, dark red and black spots on a light background. The background is a blurred indoor setting with a window and some furniture.

Celine's Story

Like many other people facing end-of-life, Carl Schlosser wanted to die at home. Like many other families, Carl's family, especially his wife Celine, wanted to support him in those wishes. But unfortunately, and again as too frequently happens, the reality of dying at home became much more complex than previously imagined.

"We were just scrambling for help," Celine says, painfully aware of how burnt out she was feeling. Her sister, a nurse, moved in to assist Celine and the other caregivers, but soon she too began to burn out.

As Carl's health deteriorated, he required more and more support. His declining mobility eventually made it difficult for anyone to leave the house because he was highly dependent on his family for his care. Further to that, ambulance workers came in daily to hydrate him and the Palliative Home Care Team arrived every morning to assist with a variety of Carl's other needs. Care aides came in both morning and evening to bathe him and for the transfers in and out of bed.

"I was struggling," Celine says. "It was the day after Halloween and I knew we were in trouble." Carl and his family wanted to get a bed in St. Paul's Palliative Care Unit and knew how difficult that would be as the unit was always operating at capacity. In desperation, Celine was praying for an intervention. At 9:00

p.m. that night the phone rang and it was the Palliative Care Unit. "I was like, oh my goodness, we had a bed! I felt like we'd won the lottery."

The next morning when the ambulance came to pick up Carl, Celine felt conflicted: "I knew this was the last time we would have Carl at home, but I knew we had to go."

"I was struggling. It was the day after Halloween and I knew we were in trouble."

Carl's move to Palliative Care allowed Celine to be his wife again, instead of his caregiver. "We spent some beautiful moments with him. We went for wheelchair rides every day. The kids came, our son took time off work for the whole time we were

there and our daughter took as much time as she could."

In the Palliative Care Unit, Celine knew that Carl's physical needs were being well cared for, so his family could focus their precious remaining time together on what mattered most—being a family.

"It was the next best thing to home and we had three weeks and two days there," Celine said. "It was such a gift to our family. I am sure it gave Carl dignity. We couldn't have done it without Palliative [Care]."

After Carl's death, Celine looked into ways through which she could "give back" to St. Paul's Hospital, and particularly to the Palliative Care Unit. She heard about the Close to Home Campaign for Hospice and End-of-life Care, and decided to become an advocate and donor.

Close to Home
 Campaign for Hospice & End-of-life Care
Give Generously.
www.close-to-home.fund
306.655.5821



Celine and Carl Schlosser

Gordon and Jill Rawlinson

The Importance of Giving Back

Gordon Rawlinson says that his father taught him the importance of giving back to the community.

Inarguably, over the years since then our entire community and province have benefited widely from that lesson. As the owner and CEO of Rawlco Radio, Gordon and his wife Jill have become two of Saskatchewan's most celebrated philanthropists.

The Rawlinsons and Rawlco Radio have supported a range of causes and charities that focus on a single goal: making Saskatchewan better. "Jill and I are both from Saskatchewan and it's where our hearts are."

That spirit has fuelled a long association between Rawlinsons and Rawlco with St. Paul's Hospital Foundation, generating nearly \$2 million to the Foundation through fund raisers including Caged for the Cure Radiothon, the annual Gormley Gathering and support for building the 4B unit at our Hospital.

Jill and Gordon's latest gift is \$650,000 to support the Close to Home Campaign for Hospice and End-of-life Care.

This gift is consistent with other generosity that the Rawlinsons have extended to the people of Saskatchewan. They have supported initiatives such as the Rawlco Centre for Mother Baby Care at the Regina General Hospital

as well as a world-class facility for childbirth through the Hospitals of Regina Foundation.

Victoria Hospital in Prince Albert and the new Saskatchewan Hospital in North Battleford have also received significant funding, as have arts and education programs across the province, especially for Indigenous students.

Gordon Rawlinson's contributions to Saskatchewan and Canada have resulted in his being invested as a Member of the Order of Canada and the Saskatchewan Order of Merit. He also serves on the Dean's Advisory Council at the Edwards School of Business at the University of Saskatchewan.

And it all started with that lesson from his father, E. A. Rawlinson.

"My father actually started our company 72 years ago in Prince Albert and he always said the better you serve your community, the better your business will do. And that's proven to be a really good philosophy for us. My brother and I have followed it for all our lives and it's really true, so we really try to serve our communities and to serve the people in our communities through Rawlco Radio and through giving back," explains Gordon.

"I think that you just try to give back because our business has done well in Saskatchewan. We

owe a lot of credit to the great businesses and the great people in Saskatchewan. I don't know, it feels good, but I think it's a person's duty to give back if you can."

Rawlinson points out that in their experience, fulfilling duty can offer deep and meaningful rewards: "Well, it's a good feeling but Jill and I have worked hard all our lives to do the right thing and we're proud of what's been accomplished but there's still lots more to be accomplished."



“Jill and I are both from Saskatchewan
and it’s where our hearts are.”
- *Gordon Rawlinson*

Gordon and Jill Rawlinson

ST. PAUL'S HOSPITAL FOUNDATION

Mistletoe Charity Ball

— 30 Years —

Christmas Memories

Presented by **Nutrien**
Feeding the Future

Saturday, November 16, 2019

500 Dollars per Person | 4,000 Dollars per Table of Eight
(Partial Tax Receipt)

For more information call 306.655.5821 or visit sphfoundation.org/mistletoe



Proceeds from the Mistletoe Ball will support the \$20 million Close to Home Campaign to build Saskatoon's first hospice and dramatically improve end-of-life experiences for patients and their loved ones.



Thank you to the 2019 Mistletoe Charity Ball Volunteer Committee

Carol Yelland (Co-Chair) | Pam Prosofsky (Co-Chair) | Barbara Berscheid |
Doreen Howlett | Anne Reddekopp | Tanya Wur | Roger Schmid | Lorraine Schmid | Tanya Miller |
Nicholle Povhe | Michelle Neufeld (SPH Foundation Manager of Annual Giving)



St. Paul's Hospital

Thank-You Notes

thankyou

I have always been proud of the fact that my mom was a nurse—and a graduate of St. Paul's Nursing School. I make my donations in her honour with acknowledgement that she provided home-based palliative care to her aunt and her father-in-law, with great and loving care. Both of them lived with us, as well as numerous other relatives, to whom she provided home care and palliative care before such programs actually existed. I am making a donation to the Close to Home Campaign to support the many people that, for various reasons, do not have the opportunity to receive such care at home and need another home—[the Hospice at Glengarda]—to receive the love and care that eases their passing and provides compassion to their circle of loved ones and loving ones. - Anonymous

Special thanks to Dr. Walker, Dr. Johnson and St. Paul's Hospital staff for your kind care of [my relative]. I am frequently reminded of you all and pray for you when I look out my living room window. I can clearly see St. Paul's Hospital across the river. God bless you all - PP

I am grateful for the kind and compassionate care given in palliative [care] to family, friends and us. Thank-you. - SS

Become One of Our Angels



"I am grateful to the Grey Nuns who established this amazing Hospital, and I give to St. Paul's because of the love and care the doctors and nursing staff have afforded us. Giving monthly is easy and a little goes a long way."

Jeannette Jones
Circle of Angels Monthly Donor

When you join the Circle of Angels, you become a member of a group of cherished friends fondly referred to as "our Angels" who play a highly important role in everything we do. Our Angels help us continue the caring mission established by the Grey Nuns more than 100 years ago—a powerful legacy for our Hospital and community.

You can join today! Contact:

St. Paul's Hospital Foundation: 306-655-5821

info@sphfoundation.org

or sign up online at sphfoundation.org.

We love our Angels! It's an easy way to give AND it reduces our annual mailing costs.



Family at the Core

Joe Remai built his career with the support of his family

Family has formed the centre of Joe Remai's life since he was a boy.

The second-youngest of 10 siblings, he grew up on a farm near Carrot River. His parents had emigrated from Hungary in the 1930s and struggled to start a farm in the midst of the Great Depression. They kept a garden and farm animals for food, and Joe remembers his mother baking bread every second day.

"We started with nothing, but we eventually built up the milking cow herd to 14 cows," he says. "We shipped two cans of cream every week and we lived off the cream cheque." Joe had to milk three cows twice a day, every day, seven days a week; that was his share of the work. "That's where we learned to work hard."

He harnessed that work ethic to put himself through school, working for his oldest brother in carpentry. After graduating as an engineer from the University of Saskatchewan, he joined his brothers Frank and John in construction. He met his wife Marie at the U of S where she worked as a stenographer.

You might recognize the Remai

name because the family has been in the construction industry locally for more than 50 years. Joe worked as a general contractor for 25 years, then their company started building apartments, schools and hospitals all around the province. "After that, we started building condos for sale and that's what we're still doing today," Joe says.

He learned how to work hard on the farm, and that lesson carried him through his entire career. Now, at 83 years old — his "twilight years," he says — he feels in a position to give back to the community.

The Joseph Alfred Remai Family Foundation is donating \$500,000 to the Close to Home Campaign for Hospice and End-of-life Care. Joe says that giving to the Close to Home Campaign "is a no-brainer."

"I like giving where they have a need and I like the hospice because there's really a need for it."

A Catholic himself, he says he also likes to support a Catholic hospital. As well, he has other ties to St. Paul's Hospital: his sister-in-law worked in the Emergency

Department at St. Paul's for 25 years as a nurse, and two of his children (Brent and Barry) were born there.

His children are all grown now, with a gaggle of children of their own (Joe is Grandpa to eight grandkids).

Joe and Marie keep a garden, and while most of his grandkids are past the age for games, there's still one he likes to play when the youngest come to visit: Can they name everything in the garden? "They come pretty close to catching everything," Joe reports.

Saskatoon has been home to Joe and his wife ever since university, and he says he wouldn't want it any other way: "I love Saskatoon. It's a small city; I can live on one end and work on the other end and get to work in 11 minutes. And it's [large] enough where we have everything. I have no yearning to move anywhere."

Joe Remai spent his career constructing Saskatoon's "brick and mortar" buildings. Now he's building the city in a different way, through his donations to important community projects. "It makes me feel good to give; it honestly does," he concludes.

*Joe and Marie Remail (front centre)
with their children (l-r) Janice, Brent and Barry*



**“I like the hospice because there is a need for it.
Most cities of this size have one.”**

- Joe Remail

(l-r) Joe Remail in his garden with grand-daughters Tess and Kelsey

Former Ursuline Sisters' Residence Becomes Saskatchewan's First Hospice

Sister Anne Lewans of the Ursulines in front of their building located right next door to the future home of the Hospice at Glengarda.

Amid the noise and dust of the renovations and construction of the former Ursuline Residence next door, Ursuline Sister Anne Lewans smiles because she knows this commotion can only mean progress.

“Noise and dust are good.”

The former Ursuline residence was sold to St. Paul’s Hospital to become the reinvented Hospice at Glengarda—Saskatchewan’s first free-standing hospice.

The Ursuline Sisters have a long and storied history beginning in 1535, when they were founded by St. Angela Merici of Brescia, Italy, creating a world-wide order. Several centuries later and very far away, three Ursulines from Germany arrived in tiny windswept Prelate, Saskatchewan, in 1919, on the invitation of Father Riedinger, OMI. Those Sisters eventually became the Ursulines of Prelate, who at their peak numbered 157, and spread across western Canada working within their mission of Educating for Life. St. Angela’s main focus was supporting women in their families and the education of women.

“The Ursuline Order is primarily known as a teaching order” Sister Anne explains, “but over the years, we have broadened our ‘educational’ ministry to include a

wide variety of pastoral services.”

When the Ursulines first came to Saskatchewan they taught in many small rural schools. The Sisters arrived in Saskatoon in 1953 and taught in St. Frances School, which had all of three classrooms. Over the years following, they expanded into eight elementary

“The Ursuline Order is primarily known as a teaching order, but over the years we have broadened our ‘educational’ ministry to include a wide variety of pastoral services.”

schools, seven parishes, two hospitals (including St. Paul’s), the Catholic School Board Office, the Catholic Pastoral Centre, two university residences and numerous other boards, agencies and organizations.

Sister Anne reminisces about some of her fondest memories of the

residence. “We had lots of good times in the summer,” she says. “We had wiener roasts in the back yard.” Sisters would travel from across the province to attend university, upgrading their education to better serve the people of Saskatchewan, and they would lodge at the residence. “Summer school was fairly intense, but we did have the weekends,” recalls Sister Anne.

As the numbers of their order dwindled due to the passing of time and the demands of a changing world, the Sisters realized it was time to sell their residence at Glengarda. While sale on the open market was one possibility, they were aware of the need for a hospice in Saskatchewan and were thrilled to be able to pass it on to St. Paul’s Hospital for that purpose. “We think it’s the greatest thing,” says Sister Anne. “More and more we hear how people need this support in their lives.”

St. Paul’s Hospital Foundation’s Close to Home Campaign for Hospice and End-of-life Care also appeals to the Sisters because the campaign is raising money for endowments that educate doctors, staff and caregivers on advances in end-of-life care: “This is very special to us as our mission is Educating for Life. We just see it as an extension of our mission.”

Sister Anne further mentions that recently, while reading the local obituaries, she has noticed growing requests that donations named for loved ones be given to the Close to Home Campaign. “It’s a wonderful thing,” she says. “I hope the hospice is just the beginning of this kind of ministry for St. Paul’s Hospital.



Saskatoon Cheerleaders

Janet and Art Postle

“It makes us feel good that we are able to do something that makes this a better community!”

These days, Janet and Art Postle think of themselves as professional volunteers. Between them, the couple sits on several boards including the SaskTel Centre, Saskatchewan Housing Corporation, Queen’s House of Retreats and the recently opened Nutrien Wonderhub—Saskatchewan’s children’s museum. Art Postle, a proud Rotarian, is also involved with the Rotary Club’s activities including their Restorative Action Program that deals with bullying and conflict in Saskatoon high schools.

“This community has been pretty good to us and we think it behooves us, if we have the capability, to give back,” Art says. “It makes us feel good that we are able to do something that makes this a better community.”

Both Art and Janet hail from Saskatchewan. “I was born, raised, educated, worked and retired here in Saskatoon,” Art explains. “So, this is home and we have a great deal of interest in seeing that things thrive and make Saskatoon the community that it has been, that it is and that it will be.”

Art started off as a Chartered Accountant and for 38 years worked his way up in Federated

Co-operatives Limited until he became CEO, finally retiring in 2010.

Janet was raised in a small farming community in Saskatchewan and moved to Saskatoon for university. “I have been here my whole adult life, so Saskatoon has become home for me and a chosen place for both of us,” she says.

Janet attended the University of Saskatchewan, earned a degree in Special Education, taught her entire working life in that field and retired from teaching in 2008.

You might naturally come to the conclusion that the Postles are some of Saskatchewan’s most loyal and vocal cheerleaders, and you just might be right. “Saskatoon has a lot going for it like the Remai gallery, Persephone Theatre, the Saskatoon Symphony, Shakespeare on the Saskatchewan and the newly opened Wonderhub,” Art says. “There are so many aspects of our community that are positive and it’s nice to be a part of that.”

With pride, Janet lists the many “firsts” going on in Saskatoon right now, including the Hospice at Glengarda. “It’s the first time

for a hospice, the first time for a children’s museum and it’s the first time for a children’s hospital. I think we can be proud of Saskatoon—the people of Saskatchewan can be proud to have all these things. And we still have access to it all because we are small enough.”

Not only do the Postles give back from their hearts and of their time; they have also generously responded financially. The couple has graciously given a substantial gift of \$100,000 to the Close to Home Campaign for Hospice and End-of-life Care supporting the new hospice currently under construction.

In deciding on what organizations to support, the Postles have a framework that they adhere to. Whatever they choose to support must be open to everyone regardless of ability, gender, socioeconomic level and age. For them, the Hospice at Glengarda is a perfect fit and the Close to Home Campaign reflects what matters deeply to them. “The theme ‘Close to Home’ is really good, because a home is about family and in a family, everyone is included,” Janet says.

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(l-r) Art and Janet Postle



Motivating a Younger Generation of Givers

(l-r) Don and Janet Neufeld

Don and Janet feel Baby Boomers need to inspire youth to give.

Don and Janet Neufeld both come from families who believe in the importance of giving. They were mentored in philanthropy by parents who set the bar very high. The Neufeld Charitable Foundation, in operation since 1977, began with a vision of Don's parents, Harold and Viola.

"My father was a first-generation Canadian who went through tough, tough times," Don says. He told of an incident at the reception following his father's funeral, where two of his dad's lifelong friends approached him to offer their condolences. "They said, 'You probably don't know this but the Neufelds were the poorest family in our community, growing up. They had nothing.'"

Don puzzled long and hard as to how that experience of hardship could have translated into his parents' spirit of philanthropy. "Maybe my Dad was the benefactor of kindness and generosity from

those in his community and that's how he learned."

Janet feels that since Don's father grew up in Saskatchewan at a time when hardship was a natural part of the fabric of his experience, it helped to develop the value of sacrificing for others. "I was just reading my cousin's story about his mother, and helping was a matter of survival. You help your neighbor; your neighbor helps you and that's just the way it was. You did it with joy. That's how you succeeded and I think that's just a good motto."

"If you've been blessed in your life, then share the blessing with others."

Certainly times have changed and the experience of growing up also has changed for many people in the province, but there are still many people in need of support. The Neufelds firmly believe that those of us who have the ability should be giving back to help out those who don't. "Things wouldn't exist if people didn't give back," Janet says. "You wouldn't have a Ronald McDonald House; you wouldn't have a hospice. We need people who want to give!"

The Neufelds feel that starting related discussions with

the younger generations in their own family is really important. Don describes a recent conversation he had with two of his nieces about philanthropy: "They said, 'Uncle Don, we don't have enough money to give.' I said, really, that's too bad... what's your favorite drink at Starbucks? Okay, why not use that money to help a worthwhile charity?"

Don was having a conversation on the golf course earlier that day, and he and his friends ended up talking about yet another aspect of philanthropy. "I said I didn't get it, why do people say they want to be the richest person in the cemetery? I simply and truly don't get it. If you've been blessed in your life, then share the blessing with others."

In keeping with the examples and traditions set by their parents, the Neufeld family has made a generous gift of \$100,000 to the Hospice at Glengarda, through the Close to Home Campaign for Hospice and End-of-life Care. "Both of us have moms who are aging," Janet explains. "[The hospice] is what I want for them. If they can't live their final days at home, then the hospice is the next best thing. Don't we all want that?"

The Neufeld Charitable Foundation board of directors includes Don and Janet as well as their three children, Dori Emsheimer, Mick Neufeld and Rob Neufeld.

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